



Pure Performance

Maximize Your Body and Brain Potential

John Underwood
President and Founder
American Athletic Institute

Wednesday, March 28, 2012
7:00pm—8:30pm

Brookfield East High School Field House
3305 Lilly Road, Brookfield

Who Should Attend:

- Parents
- Middle and High School Students
- Teachers
- Coaches
- Athletic Directors
- Administrators and Board Members
- Athletic trainers
- Concerned Community Members

Mark Your Calendar because you don't want to miss the opportunity to hear John Underwood, President and Founder of America Athletic Institute!

John is a dynamic speaker who is passionate about educating people about the effects of drugs and alcohol on the body and brain. He will educate on how to obtain optimum athletic potential, but also how students can improve academically.

His innovative program "PURE PERFORMANCE", is one of the largest mandated New York Public High School Athletic Association programs in prevention history. John was recently named as a consultant to the prestigious Pacific Institute of Research and Evaluation and the Underage Drinking Enforcement Training Center.

He has conducted the only physiological case study, of the residual effect of alcohol on elite athletic performance. A former NCAA All-American Runner, coach of Olympic champions and consultant for US Navy Seals, John gives the best and most up-to-date information about topics that are important for students and athletes.



RESERVE YOUR SEATS!

RSVP's are not necessary,
but greatly appreciated.

Click on link:

<http://loapureperformance.eventbrite.com>

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